## DISASTER RECOVERY



You can find safe and fun disaster preparation tools in this booklet.

Read or download it from the web at

www.cedarhillsready.org

## Learn the "9 Steps to Take Right After a Disaster"\*

- Step 1. Take care of your loved ones.
  - Use under-bed kits for each member of your family. Protect head, hands and feet with a hardhat or bike helmet, leather gloves, sturdy shoes, flashlight and whistle.
- Step 2. Check on the natural gas or propane at your home.

  Shut off ONLY if you have a fire, smell rotten eggs, hear hissing, or see the dials on the meter turning unusually fast.

  DO NOT turn the meter back on this requires a certified technician.
- Step 3. Shut off the water to the house at your home's shut off not at the street.
  - This protects against pollutants from outside, and traps drinkable water in your home's pipes and water heater.
- Step 4. Shut off electrical panel, if necessary.

  Shut off individual breakers first, and then shut of the main.
- Step 5. Place OK or HELP sign (provided in this workbook) on your front door or window.Posting helps neighbors quickly locate those in need first.
- Step 6. Put your fire extinguisher in front of your home if not needed, for easy neighborhood access.
- Step. 7. Go to neighborhood gathering site.
- Step 8. Divide into 4 teams:
  - **Team 1** Listen to 91.5 FM or 1610 AM, HAM or NOAA Radio, and Walkie Talkie (FRS) Channel #8
  - **Team 2** Check on special needs neighbors: elderly, dis abled, children home alone.
  - **Team 3** Check on all natural gas meters and propane tanks, and shut them off, if necessary.
  - **Team 4** Check on all homes with OK & Help signs displayed. Be prepared to give first aid.
- Step 9. Return to Gathering Site.

  Review neighbor's status, regroup, reassess, and decide next actions.